



## Patient Information Leaflet: Dental Implants at Tracey Bell Clinic

### Welcome to Tracey Bell Clinic

At Tracey Bell Clinic, we pride ourselves on delivering exceptional dental care. Our dental implant services are designed to restore your smile with both precision and compassion. This guide provides an in-depth look at dental implants, the procedures involved, costs, timelines, and what you can expect throughout your journey with us.

## What is a Dental Implant?

A dental implant is a small titanium post that serves as a substitute for the root of a missing tooth. It is surgically placed into the jawbone and provides a strong foundation for a replacement tooth or bridge. Over time, the implant fuses with the bone, a process known as osseointegration, creating a stable base for the new tooth.



## Benefits of Dental Implants:

- **Improved Appearance:** Dental implants look and feel like your own teeth. They are designed to fuse with bone, making them permanent.
- **Enhanced Comfort:** Unlike removable dentures, implants eliminate the discomfort of removable prosthetics.
- **Better Oral Health:** Implants don't require reducing other teeth, as a tooth-supported bridge does. This preserves more of your natural teeth.
- **Durability:** Implants are very durable and will last many years. With good care, many implants last a lifetime.
- **Convenience:** Implants eliminate the inconvenience of removing dentures, as well as the need for messy adhesives to keep them in place.

## Risks of Dental Implants:

- Infection at the implant site
- Injury or damage to surrounding structures, such as other teeth or blood vessels
- Nerve damage, which can cause pain, numbness, or tingling in your natural teeth, gums, lips, or chin
- Sinus problems, when dental implants placed in the upper jaw protrude into one of your sinus cavities

# The Dental Implant Process at Tracey Bell Clinic

## 1. Initial Consultation

Your journey begins with a comprehensive consultation. This 30 to 45-minute session is crucial for assessing your suitability for implants. During this time, we will:

- Discuss your dental and medical history.
- Conduct a thorough examination of your oral health.
- Utilise a plain X-ray to evaluate bone density and structure.

**Cost:** £165-£200, depending on the type and number of implants.

## 2. CBCT Scan and Digital Scan

Following the initial consultation, we perform a CBCT (Cone Beam Computed Tomography) scan and a digital scan. These advanced imaging techniques allow us to:

- Create a 3D model of your mouth.
- Plan the precise placement of the implant.
- Ensure the safety and success of the procedure.

**Cost:** £350-£400

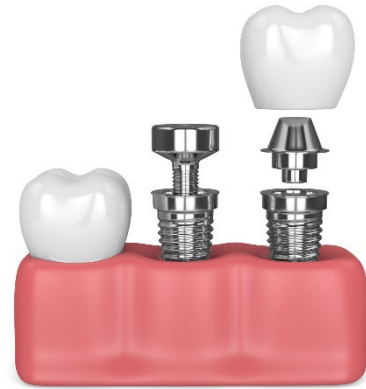
## 3. Implant Placement

The implant placement is a minor surgical procedure performed under local anesthesia.

Here's what to expect:

- **Preparation:** You'll be dressed in surgical gowns, and the procedure will be conducted in a sterile environment.
- **Procedure:** The implant is carefully placed into the jawbone using a guided technique, often aided by the CBCT scan for accuracy.
- **Healing Time:** Typically 3 to 4 months, allowing the implant to integrate with the bone.

**Cost:** £1,450 per implant



#### 4. Bone Augmentation (if required)

In cases where the jawbone is not sufficient to support an implant, bone augmentation may be necessary. This involves adding bone or bone-like materials to the jaw.

**Cost:** £500

#### 5. Restoration of the Implant

Once the implant has integrated with the bone, the restoration process begins. This involves:

- **Choosing the Right Crown:** Options include ceramic or porcelain crowns, which match the colour of your natural teeth.
- **Cemented vs. Screw-Retained:** We typically recommend screw-retained crowns for their ease of maintenance and durability.
- **Final Placement:** The crown is attached to the implant, completing the restoration process.

### Timelines and Expectations

The entire process, from consultation to final restoration, can vary based on individual clinical situations. Here's a general timeline:

- Consultation and Planning: 1-2 weeks
- Implant Placement: 1 day
- Healing and Integration: 3-4 months
- Final Restoration: 1-2 weeks

### Post-Procedure Care

After your implant procedure, following our care instructions to ensure successful healing is important. This includes:

- Maintaining good oral hygiene by brushing and flossing regularly.
- Attending follow-up appointments to monitor the healing process.
- Avoiding hard foods that may damage the implant.

### Contact Us

For more information or to schedule your consultation, please contact us at 01624 613323 or email us at [reinvent@traceybell.co.uk](mailto:reinvent@traceybell.co.uk). Our team is here to support you every step of the way.