

Simple steps on how to apply a Denture Adhesive



USE A SMALL AMOUNT OF DENTURE ADHESIVE

Once a day: Put a small amount of denture adhesive onto a clean and dry denture



PUT DENTURE INTO YOUR MOUTH

Put the denture into your mouth and close firmly for a few seconds



LEAVE YOUR DENTURES OUT AT NIGHT

Every evening, clean the denture and the inside of your mouth thoroughly to remove any adhesive



VISIT YOUR DENTIST REGULARLY

Ensures your mouth remains healthy

An easy routine to help aid your denture experience